

Efficacy of quercetin and the role of endothelial protection in the treatment of patients with arterial hypertension

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Introduction: The article presents the findings of a clinical trial investigating the impact of quercetin, as an adjunct to anti-hypertensive therapy, on endothelial function and daily blood pressure profiles.

The aim of the study. To conduct a comparative analysis of the impact of quercetin on 24-hour blood pressure monitoring parameters and cytokine profiles in patients with hypertension.

PLNÁ VERZE ČLÁNKU → <https://doi.org/10.36290/csf.2025.036>
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Organizational challenges and benefits of electronic prescriptions in physicians' daily practice: Survey findings from Ukraine

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Background: Electronic prescriptions (e-prescriptions) are a key element of the digital transformation of Ukraine's healthcare system. However, their implementation and usage levels vary significantly depending on the physician's specialty, years of experience, and the type of locality. This study is relevant due to the need for empirical analysis of these differences to improve the e-prescription system and enhance its overall efficiency.

Objective: To assess the impact of e-prescriptions on the workflow of physicians from various specialties and to identify

PLNÁ VERZE ČLÁNKU → <https://doi.org/10.36290/csf.2025.037>
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